

SUMMER HOLIDAYS SWIMMING POOL OPENING HOURS – MONDAY 20 JULY TO FRIDAY 28 AUGUST 2026

MONDAY	6.45-8.15am					4pm-7.45pm	7.45pm-8.30pm	8.30pm-9.45pm
	Adult Swim					General Swim	Aqua Fit	Adult Swim
TUESDAY	6.45am-8.15am					4pm-8.15pm		8.15pm-9.45pm
	Adult Swim					General Swim		Adult Swim
WEDNESDAY	6.45am-8.15am					4pm-5.30pm	5.30pm-8.30pm	8.30pm-9.45pm
	Adult Swim					Fun Session	General Swim	Adult Swim
THURSDAY	6.45am-8.15am					4pm-7.45pm	7.45pm-8.30pm	8.30pm-9.45pm
	Adult Swim					General Swim	Aqua Fit	Adult Swim
FRIDAY	6.45am-8.15am					4pm-8.30pm		8.30pm-9.45pm
	Adult Swim					General Swim		Adult Swim
SATURDAY	7.30am-9am	9am-10am	10am-12.30pm *			12.30pm-2pm	2pm-4.30pm	4.30pm-5.30pm
	Adult Swim	General Swim	Fun Session			General Swim	Fun Session	Adult Swim
SUNDAY	7.30am-9am	10am-11am	11am-12pm	12pm-1.30pm	1.30pm-3pm	3pm-4pm	4pm-4.45pm	4.45pm-5.45pm
	Adult Swim	General Swim	CLOSED	General Swim	Fun Session	Adult Swim	Aqua Fit	General Swim

* 10am-12.30pm Saturday Fun sessions will start on Saturday 1st August – it will be closed for an Aqua Skills Gala on 25th July.

TIMETABLE NOTES

-  Adult Sessions are for 16 years +
-  General Sessions are for all ages – 2 lanes available
-  The pool is closed for swimming during Aqua Fit classes
-  Fun Sessions are for all ages, no lanes available. Members are welcome to bring own floats and small inflatable toys, no air beds or rafts.

CHILDREN

- No child under the age of 16 shall be admitted to the pool area unless accompanied by a swimming adult member and only at the specifically designated Family Members Sessions.
- A strict swimming ratio of 1 adult per 2 under 8's must be adhered to at all times. The adult must be in the water at all times